



## In this lesson you will learn how to use the Usha Janome Binding Foot

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This here is the foot...you can see how complex it looks...well it does do some complex folding and stitching – its in-built funnel folds and guides the binding over the fabric edge before it reaches the needle. You can use different types - straight stitch, zigzag or even decorative stitches.

For this lesson you will need an Usha Janome Binding Foot, an 8 x 8 inch piece of fabric, 1 inch wide bias tape, and threads.

Make sure that you cut the edges of the bias tape at a 45 degree angle.

Now here is the binding foot -- see this part of the binding foot – it's the funnel, where the bias tape is inserted. The width of the bias tape should equal to the width between the two edges, like this, now do you realize why it's so important to cut the edge at a 45 degree angle – it helps guide the tape into the funnel smoothly.





If you are not sure, insert and check the width of the bias tape.

Replace the normal presser foot and snap on the Binding Foot.

Place the bias tape below the foot and lower it. Do a simple stitch on the tape and pull to get a bit of thread like shown in the video -- cut leaving the thread. Now remove the tape from the machine.



Insert the thread here as you can see and pull it gently to help get the bias tape into place in the funnel.

Once the bias tape is set inside the funnel, place the fabric in the groove...here...see how it is being done...like this

Make sure the fabric remains steadily in the groove. Hold the bias tape against it.

Set the Pattern Selector dial on Stitch A, and the stitch length at 2.5.

Start sewing slowly ensuring that you are holding the bias tape against the fabric constantly. Guide the fabric as you sew along the groove & guide the tape along the funnel. You will need to practice to become better and better till you reach the perfection you want.

After stitching till the end of the bias tape, remove the fabric and cut the thread. Also cut out the extra bits of bias tape at both the ends.

Your binding is ready, in no time at all. And see how neatly it's happened.





The binding foot is generally a favourite with quilters as that's where it is needed most, but you can use it anywhere where fabric edges need to be enclosed to keep them from fraying. Don't let this prevent you from using it where you feel like. It will add to the look – hide edges you don't like, embellish accessories, dresses, and much more. You will be surprised how easily you can alter the look of things with this foot and will soon be whipping it out at the drop of a hat!

