

Flared Kurta

If you love wearing kurtas this tutorial is for you!

Material Required

5 meters fabric of 45" width

The template for the flared kurta which you can download from our website www.ushasew.com

Chalk

Pair of scissors

Ruler

Inch ready bias strip

Beaded Pins

And a 9 inch concealed zipper

To sew an easy-breezy flared kurta, we just have to cut the fabric as per the template, create the torso pieces, attach sleeves, add in the skirt, both front and back part, sew the side seams, attach the zipper, finish the hemline and done.

Step 1: Template Marking and Cutting

Start by laying the preferred fabric right side up on a table, fold it inwards from top and bottom as shown in the tutorial. Ensure that the midpoint comes in the exact center of the fabric. Now, let's start placing the templates downloaded from www.ushasew.com.

First, we will place the front top template at the bottom of the fabric. Pay special attention to where the templates say on fold. Pin the template to the fabric with beaded pins. Then place the back template on the other half of the fabric like shown. Pin it in place as well.

Before we proceed with the other templates, we will mark the pinned templates on the fabric with a piece of chalk. You might have noticed a small triangle on the template, we mark this as well, two notches at the bottom of the triangle and a marking at the top. The same will be repeated for the back template.

Now we unpin the template and begin cutting on the markings. Cut with a steady hand and be careful. Once done, our back and front part will look like this. We will keep them aside for now and concentrate on cutting the other parts.





Open the fabric, and fold like shown in the tutorial, front facing the front. We will now place the skirt template on the fabric. Place the skirt fabric diagonally so that the side that indicates on fold is aligned with the fabric fold. Good job! Now we have to trace the template on the fabric. After you are done, remove the template \

and cut along the markings with a pair of scissors. The skirt piece should look like this.

We will have to cut out one more skirt piece. These two pieces will form the back and front section of the skirt.

Next, we take the left-over fabric, and fold it like shown, front facing the front and place the sleeve template over it. We pin it to the fabric with beaded pins and mark it on the cloth with a piece of chalk. Post that, we unpin the template, take a pair of scissors and cut along the lines. Be careful while cutting as this can make or break the design of your flared kurta. We are finished with all our cutting.

Step 2: Creating the Upper Torso Piece

For the next step, we will work with the front and back piece of the top. Lay them on the table, wrong side up. Bring out the front template again and place it on the fabric like shown. Remember the triangles? Those are the centre darts. We'll be marking them now. Create the markings on both halves of the front fabric, two notches at the bottom and one at the top. Use a ruler to join the points to make a triangle for stitching darts. We'll repeat the same procedure on the back piece. Use the back yoke template to make the darts, Mark the triangle points on both halves and join them using a ruler.

Once ready, take your pieces to your USHA Wonder Stitch Plus sewing machine. Pick up the front piece and pinch the cloth using the markings drawn in a way that the two triangle points at the base are matched like shown in the tutorial. Align the top of the triangle with the presser foot. Set the Pattern Selector Dial to A and stitch length to 3 and sew over the line. Don't forget to use reverse stitches at the end and the beginning to secure your stitches in. Repeat the same process on the other triangle on the other half. Cut the extra thread and your front darts are ready.





We'll have to create darts on the back piece now. Pinch the material basis the triangle markings created, sew and done. Do the same for the other half. Cut all the extra threads. And you are done. Your darts should look like this at the front and at the back.



We will now stitch the two pieces together. Lay the two fabrics over each other, right facing right. Pin them together with a beaded pin to secure them in place and take the fabric to your USHA sewing machine. We start by stitching the shoulders.

Align the fabric with the presser foot and start sewing, after an initial few stitches do a reverse stitch and continue sewing. Sew the other shoulder as well. After sewing, cut off all the excess threads. Pay careful attention, your stitches should look like this.



Step 3: Finishing the Neckline

We now move to the neckline, to give it an elevated finish, we'll add a blue bias while stitching. To do that, take a ready bias strip. measure it as per the neckline and cut it at measure, after taking an inch extra of the bias strip. Turn your top inside out so the right side faces you, now open any folds that the ribbon might have and fold it exactly in half. Ensure the folded bias strip is aligned to the edge of the neckline. And begin sewing it to the right side of the neckline. Go all the way across. Once done, use the reverse stitch selector to lock the stitches in. Cut off the extra strip. For the next step, fold the bias strip and give the bias strip a top stitch as shown. For the next step fold the bias strip towards the wrong side and stitch over the fold. It can get tricky, but we promise you the results will be wonderful.



Your finished neckline should look like this.



Step 4: Attaching the sleeves

We'll now work on attaching the sleeves to the top. Bring out your sleeve pieces, fold them into half and create notches at the mid-point like shown. This will be the front side attaching to the front and the back piece attaching to the back. We have to match the centre of the sleeves to the shoulders like shown in the tutorial and pin them together to secure the pieces in place. Pin it all over the sleeve. Note that we are working on the wrong side of the fabric, nothing on the right side as yet. The same process will be repeated to the other sleeve – match and pin. It's time to sew them together. Align the fabric to the edge of the presser foot and begin stitching, remove the pins as you go. Cut off the excess thread and similarly attach the other sleeve. Doesn't it look wonderful? We are halfway there.



Step 5: Attaching the skirt portion

Time to attach the skirt, open the top portion of the kurta and flip it to the wrong side, the front should be at the bottom and the back should be facing you. Take out the front side of the skirt and lay it wrong side up. Pin the front side of the top to the front side of the skirt like shown in the tutorial. Similarly, pin the back piece of the skirt to the back piece of the top.

We now have to sew them. Align the fabric to the edge of the presser foot and begin sewing. Remove the pins as you go. We have to stitch the other side as well. Cut off any extra threads.





Step 6: Finishing the side seam and attaching the zipper

Next up, we will be working on the side seam and sewing from the underarms all the way to the bottom of the kurta. Start pinning from the underarm to secure the fabric in place. When you reach the point where the sleeve meets the top, measure two inches towards the skirt and create a marking, this is where the zip will be stitched in. Pin the fabric there.

Bring your matching zip out, measure the length and create a marking 1 1/2 inches above where the zip ends like shown. Time to pin it to the fabric, the front of the zipper should face the right side of the fabric so that the back side of the zipper faces you, pin it in place with beaded pins. Once done, continue pinning the fabric together like before.

We will do the same on the other side except for creating a provision for the zipper. Start pinning at the sleeve and go all the way down to the bottom of the kurta.

It's time to sew it all in. Align the end of the sleeve with the presser foot and begin. Remove the pins as you go, at the underarm, use the pivot technique that involves turning the fabric without removing the needle to continue stitching. This will ensure we have a single stitch throughout. Finish the side seam with a reverse stitch.

For the other side, begin from the bottom instead of the sleeve and continue stitching till you reach the zipper. Let's ignore the zipper for now. Restart where the zipper ends and continue upwards.

Once you are done, replace the regular presser foot with a zipper foot and start sewing the zipper in as shown. Note that stitching a zipper in can be difficult, please pay close attention.

We start off by sewing one side of the zip to the fabric and replicate the same on the other side. But that's not it. We also have to stitch between the zipper edge and the zipper teeth on both sides. Stitch on the wrong side as close to the teeth as possible. Once done, further secure the zip in place by sewing on the horizontal marking created.

The attached zipper should look like this. Perfect!

Step 7: Finishing the sleeve hem and bottom hem

Now replace the zipper foot with the A foot and let's finish this dress by completing the hemlines. We start with the sleeve hem, fold the sleeve inside by half an inch twice like shown. Remove the accessory box of the machine for ease of sewing circular hems and start stitching, go all the way around on the sleeve. The same will be repeated on the other side. Fold twice and sew.

Now for the final step, we finish the bottom hem. Exactly like the sleeves, fold the fabric inwards twice by half an inch and begin sewing. We have to do this for the entire kurta. And we are done!

Just fold it inside out and your flared kurta is ready! We are in love with the way it looks. You can embellish it with matching brooch. Go ahead try creating your own. Play with fabrics and create your own masterpieces.

What do you think? Let us know in the comment section below. Don't forget to like, share and subscribe.

